



# SENIOR CENTER NEWSLETTER

February 2023



Dear Friends,

East Windsor kicked off the 2023 New Year with our **Annual Reorganization** meeting, and looking forward to another year with my colleagues, **Council Members** Denise Daniels, Marc Lippman, Alan Rosenberg, David Russell, Peter Yeager and John Zoller. Many great **volunteers who serve on Township boards and committees** were recognized and thanked for their service.

**East Windsor 2021 Business Awards were presented in late 2022 to Holiday Inn and National Conference Center, Modway and Moonshot Farm.** The purpose of the annual award program is to recognize local businesses which have made special efforts to improve or contribute to the community.

**Holiday Inn and National Convention Center,** recognized for "*Business Beautification,*" performed extensive renovations to the interior and exterior of their facility, resulting in a modernized upgraded looking facility for their guests and visitors to the East Windsor area. The Holiday Inn, an IHG Hotel located off New Jersey Turnpike East Windsor Exit 8, has 201 guest rooms, a popular statewide used 14,000 square foot National Conference Center, a full-service restaurant, bridal suite, ballroom, outdoor seating, business center, a fitness facility and an outdoor pool.

**Modway,** located on the redeveloped former National Lead site on Wyckoff Mills Road and highly visible from the NJ Turnpike, was recognized for "*Community Service/Sustainable Green Practices.*" Modway, a furniture designer and supplier company, stepped up with the food needs during the pandemic and partnered with RISE and the Trenton Area Soup Kitchen to host food distribution events and has continued to demonstrate their commitment to the community. Modway also has installed major solar rooftop arrays, to provide a significant amount of their company energy needs and promote clean energy.

**Moonshot Farm,** recognized for "*Community Enhancement,*" is a family-owned cut flower farm on Imlaystown Road, launched in 2019, which specializes in bee-friendly cut flowers sustainably grown without chemical herbicides or pesticides, raw honey, pasture-raised rainbow eggs, make-your-own floral arrangement and holiday wreath classes and private events. MoonShot Farm also offers a pick-your-own flowers, a Crop Share Agreement (CSA) in which residents can buy a piece of land and grow their own flowers and sponsors a popular Bouquet-of-the-month Club subscription of 3 or 6 months, DIY wreath kits and holiday gift boxes.

**Send us your 2022 nominees for Township Business Awards!**

***Mayor Janice S. Mironov***

## **February Newsletter**

**Sign up begins IN-PERSON  
Wednesday, February 1 @ 8:45 am**

[Click Here for Sign Up Sheet](#)

Sign up sheet can also be found  
in the lobby of the senior center.

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### **IMPORTANT!**

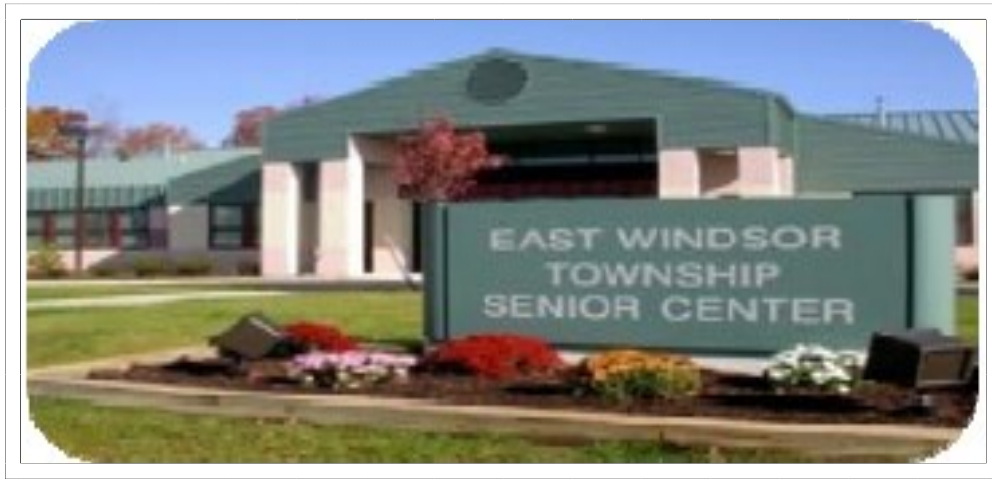
Valentines Day Pizza Party has a RSVP date.

**PLEASE RESPOND BY  
MONDAY, 2/6 BEFORE 12:00 PM**

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### **TRIPS SIGN UP**

February 1st, 2nd, 3rd (deadline on the 3rd is 12:00 pm)  
Sign up sheets will be located in the Art Room



The East Windsor Senior Center is dedicated to helping residents age 60+ reach their full potential to ensure a lifelong continuum with a focus on program participation that fosters a productive life in the community.

The center offers members a broad range of services, including presentations, classes, health screenings, lectures, nutrition program, trips, special events, activities, and links to county and state resources. The center is open Monday through Friday from 8:00 am until 4:00 pm.

There are many exciting things planned for the upcoming months and years ahead, building on the foundation that is already in place, helping you to stay healthy, vibrant, and entertained.

Join us, make new friends, meet old friends, and learn how to maintain your health, independence, and overall wellness.



East Windsor Township Senior Center  
40 Lanning Boulevard  
East Windsor, NJ 08520  
(609) 371-7192  
Email: [seniorcenter@east-windsor.nj.us](mailto:seniorcenter@east-windsor.nj.us)

**Kelly Roman**  
Senior Center Director

**Rebecca Liming**  
Program Coordinator



**Janice S. Mironov, Mayor**  
Marc Lippman, *Deputy Mayor*  
Denise Daniels, *Council Member*  
Alan Rosenberg, *Council Member*  
David Russell, *Council Member*  
Peter V. Yeager, *Council Member*  
John Zoller, *Council Member*

# COVID Safety

As we welcome our seniors back indoors, it is important to be mindful of our health and safety. We are prepared with a clean and sanitized building with hand sanitizing stations throughout the center.

Current guidance **does not require** individuals to be masked when indoors . While COVID is still around and able to spread, especially with the concerns of new variants and sub variants, it is an individual's choice to mask or not when indoors. We will have plenty of masks available at the front desk.

To protect our community, please stay home if you are not feeling well. Wash your hands frequently and stay up to date with boosters.

## STAY HEALTHY

## Remember to Sign Up



### Reminder

Most programs in the newsletter require sign up.

Be sure to read the program you are interested in for details.

# Township Information

## E-News Updates

**IMPORTANT: Residents Are Encouraged to Register and Urge Other Residents to Register to Receive E-News Updates.** E-News is used for alert communications in significant weather and service impacted situations, as well as generally weekly to provide information on new businesses and stores, roadway projects, grants, special events and other subjects of public interest. ([CLICK HERE](#)) or visit the East Windsor Township website at [www.east-windsor.nj.us](http://www.east-windsor.nj.us) to register for E-News. East Windsor officials seek to expand resident subscribers. **PLEASE SEND THIS E-NEWS INFORMATION TO YOUR EAST WINDSOR FRIENDS AND FAMILY ENCOURAGING THEM TO SIGN-UP** <https://www.east-windsor.nj.us/e-news>

## Are you signed up for Nixle?

Nixle communications system enables immediate text messages to **registered** cell phones and email addresses, to alert residents and businesses about safety and health subjects, such as severe weather conditions, traffic disruptions, road closures, flooding conditions, power outages, and important public health notices as well as other significant community updates and announcements.

<https://www.east-windsor.nj.us/nixle>



**Township offices, including the senior center, will be closed Monday, February 20**



**Presidents Day**

# Township Information

**East Windsor Public Works Facility Located on Ward Street Will Be Open for Electronic Recycling on Tuesday and Thursday from 7:30 A.M. to 2:30 P.M., Effective Tuesday, January 4.** Residents can drop off electronics, including televisions, computers, computer monitors and accessories, printers and facsimile machines, radios, and appliances as refrigerators, microwaves, toasters and air conditioners. For further information, see Township website [HERE](#) or call (609) 443-4000 ext. 215.

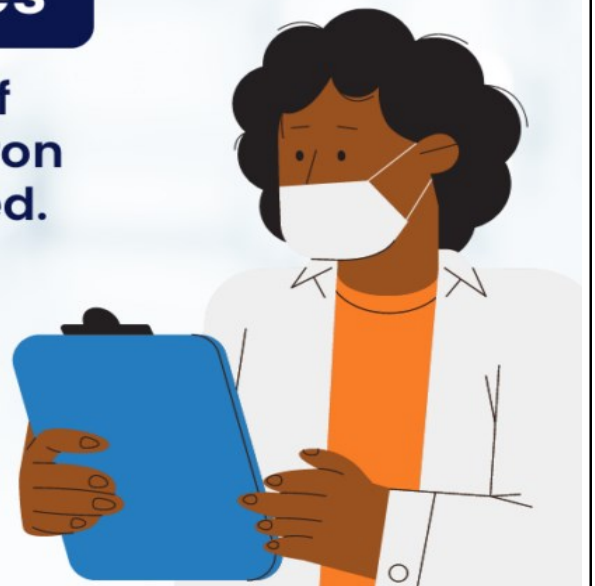
## COVID-19 Booster Doses

The best way to protect yourself from COVID-19, including Omicron is to get vaccinated and boosted.

**Who?** Everyone ages **5** and older should get a booster.

**When?** At least **5** months after your second Pfizer or Moderna shot, or **2** months after Johnson & Johnson.

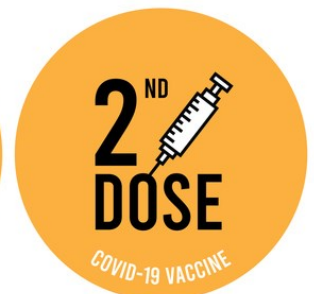
As of 5/19/2022



### Covid Vaccinations Thursday, February 9

Location: Senior Center

Please call the Health Department to schedule your appointment  
609-443-4000 ext. 222



# Volunteer Opportunities

## East Windsor Township Mayor and Council Encourage Citizens to Volunteer for Township Boards and Committees in the New Year.

Citizens can apply to serve on the:

- ◆ Clean Communities Advisory Committee
- ◆ Commission on Aging
- ◆ Economic Development Committee
- ◆ Environmental Commission
- ◆ Health Advisory Board
- ◆ Planning Board
- ◆ Recreation Commission
- ◆ Zoning Board of Adjustment
- ◆ East Windsor Municipal Alliance for the Prevention of Substance Abuse.



Residents interested in volunteering can obtain an application form from the municipal clerk or can fill out this form ([CLICK HERE](#)) and return by email to [clerk@east-windsor.nj.us](mailto:clerk@east-windsor.nj.us), by fax to [\(609\) 443-8303](tel:6094438303), or by drop off or mail to Mayor Janice S. Mironov and Council, East Windsor Municipal Building, 16 Lanning Boulevard, East Windsor, New Jersey 08520.

For further information, call the Municipal Clerk's Office at [\(609\) 443-4000](tel:6094434000), ext. 238.

## Bits & Pieces

### Don't Forget....

#### East Windsor has a Medicine Drop Box

The Township, in partnership with non-profit corporation American Medicine Chest Challenge, has installed a permanent medicine drop box to provide residents with a safe, convenient and legal option to dispose of unwanted, unused or expired medications on a year-round basis.

**The permanent drop box  
is installed in the lobby of the  
Police/Court Building (80 One Mile Road) and is accessible to residents on  
a 24/7 basis . For additional information call (609) 448-5678, ext. 236.**

# Community Bus



## 50 cents round trip

The Senior Center community bus is back on the road. We have enhanced our cleaning efforts to include daily disinfecting. Masks are optional while on the bus. We follow NJTransit and CDC Guidelines while on the bus. Eating and drinking are prohibited.

Shopping locations include Shop Rite, Walmart, Target, Dollar Store...  
Doctor appointments must be located within East Windsor or Hightstown.

**Please call the senior center to reserve your seat.**

### **Monday and Wednesday**

Hightstown area 8:30 am  
Windsor Crossing area 8:45 am  
Twin Rivers 9:15 am

### **Tuesday and Thursday**

The Orchard 8:45 am  
Wheaton Point 9:00 am  
The Woods 9:00 am  
East Windsor side of Rt.130 9:10 am  
(Dutch Neck, One Mile Rd, Hickory Corner Rd...)  
St. James 9:30

**Our Bus is not only used for shopping but also for trips. Please understand the above schedule is subject to change.**

**\*\*\*UPDATED\*\*\***

## **IMPORTANT INFORMATION REGARDING TRIPS**

- ◆ Everyone must ride the bus “round-trip.” No exceptions.
- ◆ Straying from the group outside the location of the trip is not allowed.
- ◆ Do not ask the bus driver to go to additional locations.
- ◆ See each trip description for cost.
- ◆ Masks are optional while on the bus. .
- ◆ Please call the senior center to sign up 609-371-7192



# February Trips



**Friday, February 17**  
(same date as BAPS Trip)

**Departure Time:** 9:00 am  
**Return Time:** 6:00 pm approximately

**Cost:** \$25.00 Exact cash or check

\$20 slot play

Coach Bus

## **IMPORTANT**

Starr Transport requires payment by EWT in advance, therefore, this trip is non-refundable. If you should need to cancel after payment, please see front desk.

## **IMPORTANT**

**Please notice the February trips are on the same day.**

**Please choose ONE ONLY!**

## **This is a 2 Part Trip**

### **Stop # 1 Guided Tour:**

### **BAPS Shri Swaminarayan Mandir Robbinsville**



The construction for the site of the BAPS Shri Swaminarayan Mandir in Robbinsville, NJ began in early 2010. The Mandir was the second phase of the Hindu American Religious Center construction and was completed early in the overall project to facilitate a leveled growth of the center.

### **Stop # 2 Jimmy's American Grill Bordentown**

\$ Lunch on your own \$



**Date:** February 17  
(same date as Tropicana)  
**Departure Time:** 9:30 am  
**Return Time:** 3:30 pm approximately

**Community Bus Cost:**  
50 cents given to driver on day of trip

# March Trips



Nestled in the foothills of the Watchung Mountains, Flemington, NJ, Northlandz is the World's Largest Miniature Wonderland. What looks like a tiny world from far is actually an intricate network of surprises, designed to delight & inspire! You'll find a huge variety of detailed miniature art, from replicas of real-world landmarks to fantastical structures straight out of your dreams!

**Date:** Friday, March 3  
**Departure Time:** 9:15 am  
**Return Time:** TBD  
**Cost:** \$33.00  
50 cents given to driver on day of trip

\*More details to follow with return time and lunch information.



**Friday, March 24**

**Departure Time:** 9:00 am  
**Return Time:** 3:00 pm approximately

**Community Bus Cost:**  
50 cents given to driver on day of trip

## Hunterdon Hills Playhouse Hampton, NJ

On December 4, 1956, Johnny Cash, Jerry Lee Lewis, Carl Perkins and Elvis Presley assemble at the Sun Record recording studio in Memphis, Tennessee.

Established performer Carl Perkins was to record songs with a new performer, Jerry Lee Lewis. Elvis Presley stops by the studio along with his girlfriend, a singer named Dyanne. Johnny Cash has stopped by to talk to recording impresario Sam Philips. They soon have a jam session together. Philips attempts to re-sign Johnny Cash to a new contract, unaware he has already signed with Columbia Records. Typically, as a member from the Quartet enters for the first time, he sings a verse of one of his most famous songs, followed by an onstage freeze of all actors. During this time Sam Philips relates to the audience how he first discovered the boy, and a brief, few line scene of that moment occurs between Philips and the musician, followed by Sam Phillips asking the boy to play something for him, which is the next verse of the song, and everyone unfreezes.



### Cost includes:

Coach Bus, admission ticket, table-served entrée, dessert, coffee, hot tea, tax and gratuity.

**Date:** Thursday, March 30  
**Departure Time:** 9:45 am  
**Return Time:** 4:30 pm approximately

**Cost:** \$95.00 Exact cash or check

# Things to do...No sign up required

## Visit our new Exercise Room

(Located off the Game Room)

- ◆ 4 Stationary Bikes
- ◆ 2 Treadmills
- ◆ 1 Eliptical
- ◆ 1 Rower



Sneakers are required.  
Please see front desk if you are not familiar with how to use the equipment. We will help you use the equipment safely.  
Monthly orientation sessions.



Monday thru Thursday  
9:30 am - 11:30  
No Bingo on Friday



**Mahjong**  
Every Monday  
12:30 pm

## Bridge Club



Every Day at  
1:00 pm

## Chess Club



Every Wednesday  
1:00 pm



## Game Room

Pool Tables  
Ping Pong  
Bridge and Card Games  
Board Games  
Puzzles



## Our Library

Come sit and relax in front of our fireplace in our quaint library. Or take a book home and you don't need to return it, unless you want to.

### We accept book donations:

- ◆ Gently used
- ◆ Preferably modern authors
- ◆ Fiction and Non-fiction



## Computer Room

The computer Room has 8 new computers. These computers are first come, first served.

# Tutoring

## **iPhone 101** **1-Hour Private Sessions**

Wednesday, February 1, 8, 15, 22  
1:00 pm - 4:00 pm

By appointment only

Are there features on your cell phone  
you don't know how to use?

- ◆ Texting
- ◆ Using Apps
- ◆ Retrieving email
- ◆ Using camera and video
- ◆ Using the internet
- ◆ Playing games
- ◆ Changing settings
- ◆ Installing updates
- ◆ Setting alarm/using calculator

....and so much more.

Just ask the tutor!



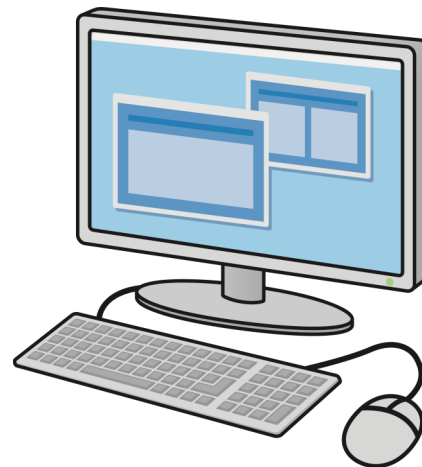
## **Computer Tutoring** **30-Minute Private Sessions**

Monday, February 6, 13, 27  
9:00 am - 12:00 pm

By appointment only

- ◆ Are you a beginner with no experience using a computer? You can do it!
- ◆ Have you never used a computer?
- ◆ Learn how to maneuver the mouse.
- ◆ Do you need help with email?
- ◆ Do you want to print from your computer?
- ◆ Do you want to play Solitaire?
- ◆ Do you need help changing the settings?

Just ask the tutor!



# Interactive Programs



Tuesday, February 28  
10:30 am

**VIDEO:** "Is your stuff stopping you?"  
Elizabeth Dulemba

[CLICK HERE](#) to view video

**SIGN UP REQUIRED**



## Writers Group

Thursday, February 9  
10:00 am

Our Writing Instructor: Nancy Cathers Demme

Nancy welcomes you to try your hand at short fiction, memoir, and/or poetry.

Bring 1-2 pages of your own work to read and discuss with other writers or create a writing based on the following prompt:

"In the middle of every difficulty lies opportunity"  
Albert Einstein

## Seniors in Transition

This program is full. If interested, call the center and ask if there are any cancellations. Another group will be announced soon.

Wednesdays:  
February 1, 8, 15, 22

This **8-week discussion** group is for men and women who are experiencing life-stage changes and are interested in sharing their concerns with others in a comfortable and confidential environment.

Facilitators  
Susan Flaster,  
RN, BSN, MPA, CMCN  
Cindy Kramer, Med, MSW.

## Coin Club Meeting

Tuesday, February 7  
2:15 pm



Do you collect coins? Trade coins?

Join John Guarniere as he will lead our first Coin Club Meeting.

Meeting Moderator; John Guarniere  
**SIGN UP REQUIRED**



Tuesday, February 7 @ 2:00 pm

Test your knowledge  
Work your brain  
Exercise your memory

Special thanks to our moderator  
Terry Goldstein

**SIGN UP REQUIRED**

## Card Making

Wednesday, February 8  
10:30 am

Instructor:  
Alicia Vincelette  
Inked Edge Paper Art



**SIGN UP REQUIRED**

# Interactive Programs **Sign Up Required**

## Paint by Numbers

**\$5.00 pp**

(one-time fee for materials)

\*\*\*\*Limited Supply\*\*\*\*

Every Friday @ 10:30 am

February 3, 10, 17, 24



- ◆ Painting choice may vary
- ◆ Sign Up Required

## Craft's with Patti

### Glass Magnet Art

Thursday, February 23

1:00 pm - 2:30 pm



**SIGN UP REQUIRED**



**Monday, February 13**

2:00 pm - 3:00 pm

Join this monthly interactive discussion as we bring topics of the month to the round table.

**February is "Bring Your Own Topic."**

Moderator:  
Terry Goldstein

**SIGN UP REQUIRED**

# Presentations -

## Got Calcium?

Friday, February 3  
2:00 pm



For older adults, increasing calcium is necessary because it is lost from bones more rapidly as one ages.

Join Kim, and intern at Ivira Pharmacy, as she reminds us and educates us on the importance of calcium.

**SIGN UP REQUIRED**



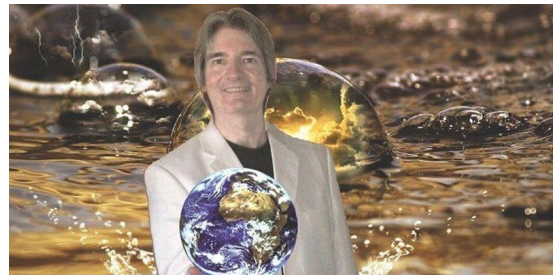
## Reminder

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in the newsletter require  
sign up.

Be sure to read  
the program you are  
interested in for details.

## Flavian Mind Reading Game Show

Friday, February 24  
1:00 pm



Flavian “Fever” is spreading and setting the world on fire  
with fun and exciting Mental Marvels!

Flavian will read your mind and make you laugh as he reveals  
answers to some very funny questions!

**DON'T MISS THIS FUN AND EXHILARATING SHOW**

**SIGN UP REQUIRED**

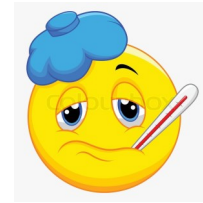
# Presentations-Sign up required



with Fabulous Prizes

Monday, February 6  
10:30 am

Presenter,  
Kat Verdi, MAT, CDP, CADDCT  
The Gardens at Monroe



Is it a Cold or is it the Flu

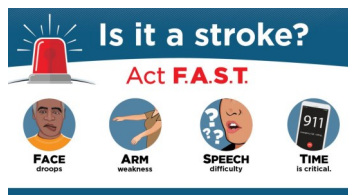
Thursday, February 16  
10:30 am

Influenza (flu) and the common cold are both contagious respiratory illnesses, but they are caused by different viruses.

Join our Community Nurse, Shereen, as she educates us on this important topic.

## Learn the Signs of a Stroke

Tuesday, February 7  
10:30 am



Presenter:  
Intern @ Ivira Pharmacy

## Year End Tax Education

Tuesday, February 21  
10:30 am

As we approach tax season, there is plenty of time to do some year-end tax planning that can potentially reduce your tax burden for the year.

During the discussion, we will suggest some of the options that are available to you now and into the future as well as some estate planning techniques that may help preserve your estate for your heirs.

## Heart Health

Thursday, February 9  
10:30 am



February is American Heart Month, a time when all people can focus on their cardiovascular health. Join our Community Nurse, Shereen, as she educates us on this important topic.



## Strength Training In the Over 55 Population

Wednesday, February 22  
10:30 am





# Parties

## Valentine's Day Pizza Party

Friday, February 10 @ 12:00 pm

Entertainment by DJ Mike

Raffles

**RSVP by Monday, February 6  
before 12:00 pm**



# Honoring Our Presidents



# Social Gatherings

## Book Club

Wednesday, February 22  
10:30 am - 11:30 am

**Facilitator:** Sharon Galbraith Ryer  
Hickory Corner Library

**Book:** *The Whalebone Theater* by Joanna Quinn

**SIGN UP REQUIRED**



## Pin Cushion Corner

Every Tuesday  
@ 1:00 pm

Bring your knitting, crochet projects, or needle-point and socialize with others while working on your project.

**SIGN UP REQUIRED**

*be  
friendly*



## “Dine Around” is Back!

Let's meet for lunch once a month. We will choose a local eatery for you to enjoy with members of the senior center.

Tuesday, February 28 @ 12:30 pm

**Mahzu Japanese Restaurant**  
(near Crunch Fitness)  
761 Route 33 West  
EastWindsor



**IMPORTANT:** We make reservations based on sign-up. The restaurants take time to arrange tables with place settings and may have to hire help to accommodate us. PLEASE call us if you need to cancel.

**This is a pay on your own event.**

**SIGN UP REQUIRED**

## Afternoon Coffee and Chat @ the Senior Center

Tuesday, February 14 @ 2:00 pm

Meet us in the cafeteria for  
coffee / tea and conversation



**SIGN UP REQUIRED**

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# Medicare Counselor



## MEDICARE ADVANTAGE PLAN AFTER DECEMBER 7

Although Medicare's Open Enrollment Period ended December 7, if you currently have a Medicare Advantage Plan, you have another opportunity from January 1 to March 31, 2022 to review your Medicare Advantage Plan options and switch to a different Medicare Advantage Plan or sign up for original Medicare and stand-alone drug plan.

### Medicare Counselor Questions About Your Medicare?

The Medicare Counselor is still available with any questions or concerns you may have regarding your coverage. If you are turning 65 and need information on enrolling in Medicare and selecting the best Medicare options, call us to schedule a phone appointment with the counselor.

**CALL THE SENIOR CENTER  
TO SCHEDULE YOUR APPOINTMENT  
609-371-7192**

**February 3, 10, 17, 24**

## Screenings



### Blood Pressure Screening

Wednesday, February 8  
Appointments start  
@ 10:30 am

See front desk  
to make your appointment

### "Brown Bag" Pharmacy

Friday, February 3  
Appointments start @ 1:00 pm

Pharmacy Brown Bag events give you the chance to talk to our local pharmacist about all the medications you take.

Bring your medications, vitamins, and supplements in an enclosed bag.

**Pharmacist - Ivira Pharmacy**

### Glucose / Cholesterol Screening

Wednesday, February 15  
Appointments start  
@ 9:30 am



# Township Resources



## Homebound Borrowing

The Mercer County Library System offers free home delivery of books, movies, audiobooks and music CDs to patrons unable to visit the library in person. If you are homebound or know someone who would benefit from this service, please contact Donna Wolfe, 609-883-8292 or [dwolfe@mcl.org](mailto:dwolfe@mcl.org).

Library volunteers will deliver books and other library materials to homebound patrons who are registered for the Home Borrowers' Service.

If you are homebound or know someone who could benefit from this service please contact:

Donna Wolfe  
609-883-8292  
[dwolfe@mcl.org](mailto:dwolfe@mcl.org)



# Art Classes



## ART CLASS

**Instructor:**  
Patti DeCristofaro

## Canvas Painting - Crafts - Projects

Stop by the front desk to sign up

**6 Month Sessions**

**\*Time:** 10:30 am - 12:00 pm OR  
1:00 pm - 2:30 pm

**Cost:** \$30.00 Exact cash or check

*\*you can only choose the 10:30 am class or the 1:00 pm class*

# Exercise Classes

The Senior Center offers daily (M-F) exercise classes. Please visit the front desk for a list of available classes, cost, and how to sign up.



## Line Dancing

Don't forget about our Stationary Exercise Equipment Room!



# Scam Reminders

## **IMPORTANT**

A newly updated Scam Booklet has been created for the seniors in our community. Please take the time to read it. It has very important information about scams that could easily affect each of us.

**[Click Here to Open PDF](#)**

There are also hard copies available in the lobby of the senior Center.

**DON'T GET SCAMMED!**

**BE SCAM SMART**

# Word Search

Name: \_\_\_\_\_

Date: \_\_\_\_\_

## Presidents' Day

T O E T W V R M J A D A M S F I K B T Y J O B G  
V N O C H U E A J E V L K L L V N U H A J Y N W  
J U K F H O M A J R E Q W R N D D C S N Y E F O  
T T D T G S C E E N T O N E P L N H U W N L Q B  
P J R F E K F W X B F O E L Q E A A B O X D O P  
H A R S S F O S C G T G Y Y X I L N G P E T M R  
F L F O E H Z V G G R D D T I F E A Q M C U Z T  
D U N R N W A N N P L A E L Q R V N W E R Z R P  
R C S E Y N I I S K E X N N T A E O H T E O U G  
M O S O B D H D F N G P N T C G L S P W I D G T  
N I H U R S X W O Z V R E W A S C I N B P M K R  
E L R A A A M A B O E O K A G T X D N F T F A T  
Y E H W A G K T G N E O N P X R S A U V W I B D  
N U D P Q H Q O P O R S Q R O E D M D H S A E B  
F Y U D E A K Y Q S O E J F Y I J A Y Q U O J Q  
Q K G Q K S Z G Q N M V W A Y H S U B W R O R N  
R E A G A N N Y S H L E H G U M B U K H U T E L  
W S R S N W F O U O L L Z N O S I R R A H I T O  
W M Q J M O U K X J I T O Z T R U M A N B E R C  
D A P K R T L J F I F M E G D I L O O C Y D A N  
T D V D L O E U X D N L F I Q J W I L S O N C I  
X A H K P I Y E L N I K C M D I N A K W R Q P L  
S Q P W U O B K F H H F T R E V O O H V O B Q U  
H J J L N D N A Q N O S N H O J S K Y C B W E U

trump

obama

wbush

bush

reagan

carter

ford

nixon

johnson

kennedy

eisenhower

Truman

FDR

hoover

coolidge

harding

wilson

Taft

Roosevelt

McKinley

Cleveland

Arthur

Garfield

Hayes

Grant

Johnson

Lincoln

Buchanan

Pierce

Fillmore

Taylor

Polk

Tyler

Harrison

Van Buren

Jackson

JQAdams

JAdams

Madison

Jefferson

Washington

# Word Search

## Valentine's Day

Find and circle all of the words that are hidden in the grid.  
The remaining letters spell a popular Valentine's Day item.

P I H S D N E I R F D I P U C A L  
V D H S U R C A C F B A L E N D O  
N Y N T I A E A S O L C T O Y M V  
S R N E N S N L Y E H O I E R I E  
T L E D I D S F A O N T W S A R B  
R E Y S L R R E C T C T L E U E I  
A W S E R I F O N A I A I C R R R  
E E S E E E L L R D S O O M B S D  
H J C N S A V T R O N U N T E D S  
T G D N T O T O P I P O A S F N A  
E N Y E A A R O L L G C F E H I T  
E I S D U M R B E L O V E D B I G  
W L O D R P O A F F E C T I O N P  
S R E M A L F R R E N T R A P A R  
E A Y C N A F O R E V E R L I K E  
R D R O T I U S D N O I T O V E D

ADMIRER

ADORE

AFFECTION

ATTRACTION

BEAU

BELOVED

BOYFRIEND

CANDLES

CANDY

CHOCOLATES

COUPLE

CRUSH

CUPID

DARLING

DATE

DEAR

DEVOTION

FANCY

FEBRUARY

FLAME

FLOWERS

FONDNESS

FOREVER

FRIENDSHIP

GIFT

GIRLFRIEND

HEARTS

JEWELRY

LIKE

LOVEBIRDS

LOVERS

PARTNER

PROPOSAL

RELATIONSHIP

RESTAURANT

ROMANCE

ROSES

SENTIMENT

SUITOR

SWEETHEART



# Word Search

## Pizza

Find and circle all of the pizza ingredients and toppings that are hidden in the grid.  
The remaining letters spell four additional pizza toppings.

B A O N T L P O S E O T A M O T C H  
A K O G I O Y E N A S E M R A P V I  
C E C S A S M O P S U S C R T S H I  
O C A A T I L A K P H S T E E N M Z  
N B S E J O S M T R E I A V F O E U  
G A R O V Y R A I O C R I G Z I S C  
O S T O N B E M T H S L O Z E L M C  
A A R L O E P R O N O A A N S O O H  
T P L I L M P K E K A R U N I C O I  
C R S M I A E A C T E L O C R C R N  
H I C A V H P A L L N I P U E O H I  
E C I L E P L I L A N O S G N R S G  
E O L A O B L A E O J T M A G B U O  
S T R S I F E E B D N U O R G E M U  
E T A P L P B L A S P A R A G U S D  
S A G S R E P P E P A N A N A B E A  
S P I N A C H G R E E N O L I V E S

ARTICHOKE HEARTS  
ASIAGO  
ASPARAGUS  
BACON  
BANANA PEPPERS  
BASIL  
BELL PEPPERS  
BLACK OLIVES  
BROCCOLI

CRUST  
EGGPLANT  
FETA  
GARLIC  
GOAT CHEESE  
GOUDA  
GREEN OLIVES  
GROUND BEEF  
HAM

JALAPENOS  
MONTEREY JACK  
MOZZARELLA  
MUSHROOMS  
OLIVE OIL  
ONIONS  
OYSTERS  
PARMESAN  
PEPPERONI

PROVOLONE  
RICOTTA  
SALAMI  
SAUSAGE  
SHRIMP  
SPINACH  
TOMATO SAUCE  
TOMATOES  
ZUCCHINI

# Senior Resources

Mercer County Social Services  
Adult Protective Services  
Catholic Charities  
East Windsor Township



Interfaith Caregivers of Greater Mercer County  
Jewish Family & Children's Services  
LIFE St. Francis  
Meals on Wheels of Mercer County  
Mercer County Board of Social Services  
Mercer County Connection  
Mercer County Consumer Affairs  
Mercer County Legal Services for the Elderly  
Mercer County Office on Aging and  
Aging & Disability Resource Connection  
Mercer County Surrogate  
Mercer County Veteran Services  
NJ Division of Deaf and Hard of Hearing  
NJ Foundation for Aging  
PAAD, Lifeline & Senior Gold Hotline  
Ride Provide  
Route 130 Connection Bus  
Jewish Family Services / Secure at Home  
Senior Dental Association  
TRADE Transportation  
Visiting Angels of Central Mercer County  
Windsor-Hightstown Area Ministerium

(609) 989-4346  
(609) 599-1246  
(609) 443-4000  
(609) 393-9922  
(609) 987-8100  
(609) 599-5357  
(609) 695-3483  
(609) 989-4320  
(609) 890-9800  
(609) 989-6671  
(609) 695-6249  
  
(609) 989-6661  
(609) 989-6336  
(609) 989-6120  
(800) 792-8339  
(609) 421-0206  
(800) 792-9745  
(609) 452-5144  
(609) 989-6827  
(609) 987-8121  
(732) 821-9400  
(609) 530-1971  
(609) 883-8188  
(609) 448-0103

## Helpful Township Websites

**Sign up for Township Municipal E-News and Special Events:**

<https://www.east-windsor.nj.us/e-news>

**To receive important township notifications:**

<https://www.east-windsor.nj.us/nixle>

**Spotlight East Windsor:**

<https://www.east-windsor.nj.us/spotlight-east-windsor>

**Pay Taxes Online:**

<https://www.east-windsor.nj.us/pay-a-tax-bill>

